

Foods Served at Camp Playland of Redding

Ingredients List (last updated July, 2018)

!!NEW!! Campfire Apple Pie Ingredients (week 5)

White Bread-Distributed by Foodhold U.S.A., LLC

- Unbleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Sugar, Yeast, Contains 2% or less of the following: Soybean and/or Canola Oil, Salt, Dough Conditioners (Sodium Stearoyl Lactylate, Mono- and Diglycerides, Ascorbic Acid, Enzymes), Wheat (Preservative), Soy Lecithin, Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Vinegar.
- Contains: Wheat, Soy.

Udi's Gluten Free White Bread—Distributed by Udi's Gluten Free, a Division of Boulder Brands USA, Inc.

- Water, Modified Tapioca Starch, Rice Flour, Rice Starch, Canola Oil (Non-GMO), Tapioca Starch, Cane Sugar, Sorghum Flour, Egg Whites, Sugar Cane Syrup, Modified Cellulose, Cultured Brown Rice, Brown Rice, Salt, Yeast, Guar Gum, Xanthan Gum, Enzymes.
- Contains: Eggs.

Margarine—Distributed by Foodhold U.S.A., LLC

- Liquid Soybean Oil, Palm Oil and Palm Kernel Oil, Water, Canola Oil, Salt, Whey, Vegetable Mono and Diglycerides, Soybean Lecithin, Potassium Sorbate and Citric Acid (Preservatives), Natural and Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate Added.
- Contains: Milk, Soy.

Lemon Juice

Ground Cinnamon—Distributed by McCormick & Co., Inc.

Granulated Pure Cane Sugar—Distributed by Foodhold U.S.A., LLC

!!NEW!! S'mores Ingredients (week 4 and 8)

Fudge Graham Cookies—Distributed by Foodhold U.S.A., LLC

- Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Sugar, Vegetable Oil Shortening (Palm and Palm Kernel Oils), Wheat Flour, High Fructose Corn Syrup, Molasses, Cocoa (processed with Alkali), Salt, Soy, Flour, Leavening (Baking Soda, Sodium Acid Pyrophosphate), Soy Lecithin, Artificial Flavor.
- Contains: Wheat, Soy. May Contain Milk, Peanut, Tree Nut (Coconut).

Marshmallow Fluff—MFG. by Durkee-Mower, Inc.

- Corn Syrup, Sugar, Dried Egg White, Vanillin.
- Contains: Egg

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Morning Snack Items **(Pre-K, Pre-K Half Day, and Kindergarten Camp Only)** **Offered Every Day**

Apple Juice—Manufactured by Mott's LLP

- Water, Organic Apple Juice Concentrate, Ascorbic Acid (Vitamin C).

Morning Snack Items **(Pre-K, Pre-K Half Day, and Kindergarten Camp Only)** **Offered on a Rotating Basis**

Goldfish—Pepperidge Farm, Inc.

- Unbleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Cheddar Cheese ([Cultured Milk, Salt, Enzymes], Annatto), Vegetable Oils (Canola, Sunflower and/or Soybean), Contains 2% or less of: Salt, Yeast, Sugar, Autolyzed Yeast, Leavening (Baking Soda, Monocalcium Phosphate, Ammonium Bicarbonate), Paprika, Spices (Contains Celery) and Dehydrated Onions. Contains: Wheat, Milk.

Oreos—Mondelez Global LLC

- Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Sugar, Palm and/or Canola Oil, Cocoa (Processed with Alkali), High Fructose Corn Syrup, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Chocolate, Artificial Flavor. Contains: Wheat, Soy.

Rice Cakes—Distributed by Foodhold U.S.A., LLC

- Whole Grain Brown Rice, Salt.
- Manufactured in a plant that processes: Soy and Milk Products, and may contain these ingredients.

Ritz Crackers—Mondelez Global LLC

- Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Canola Oil, Palm Oil, Sugar, Leavening (Baking Soda and/or Calcium Phosphate), Salt, High Fructose Corn Syrup, Soy Lecithin, Natural Flavor.
- Contains: Wheat, Soy.

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Lunch Items Offered Every Day

White Milk—Distributed by: Dean Foods Company

- Lowfat Milk, Vitamin A Palmitate, Vitamin D3.

Chocolate Milk—Distributed by: Dean Foods Company

- Nonfat Milk, Liquid Sugar (Sugar, Water), Contains Less Than 1% of: Cocoa (Processed with Alkali), Cocoa, Corn Starch, Salt, Carrageenan, Natural Flavor, Vitamin A Palmitate, Vitamin D3.

Lunch Items Stocked to Replace Forgotten Lunches

American Cheese—Kraft Heinz Foods Company

- Milk, Cheddar Cheese (Milk, Cheese Culture, Salt, Enzymes), Whey, Milk Protein Concentrate, Milkfat, Whey Protein Concentrate, Sodium Citrate, Contains Less Than 2% of Calcium Phosphate, Modified Food Starch, Salt, Lactic Acid, Annatto and Paprika Extract (color), Natamycin (a natural mold inhibitor), Enzymes, Cheese Culture, Vitamin D3. Contains: Milk

Peanut Butter—Distributed by Hormel Foods Sales, LLC

- Roasted Peanuts, Sugar, Hydrogenated Vegetable Oil (Cottonseed, soybean and Rapeseed Oil) to prevent separation, Salt. Contains: Peanuts. Gluten Free.

Concord Grape Jelly—Distributed by Welch's

- Concord Grapes, Corn Syrup, High Fructose Corn Syrup, Fruit Pectin, Citric Acid, Sodium Citrate.

White Bread—Distributed by Stew Leonard's

- Enriched Wheat Flour (Wheat Flour, Barley Malt, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Soybean Oil, Contains 2% or Less of the Following: Salt, Yeast, Dough Conditioners (Mono & Diglycerides, Sodium Stearoyl Lactylate), Calcium Propionate (a Preservative), Yeast Nutrients (Monocalcium Phosphate, Ammonium Sulfate, Calcium Sulfate), Soy Lecithin. Contains: Wheat, Soy.

Pirates Booty—Distributed by Pirate Brands, LLC

- Cornmeal, Rice Flour, Sunflower Oil and/or Expeller Pressed Canola Oil, Cheddar Cheese (Cultured Milk, Salt, Enzymes), Whey, Buttermilk, Salt, Natural Flavor, Sea Salt, Lactic Acid, Citric Acid, Organic Black Pepper. Contains: Milk.

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Cookout Items

Cookout Lunch is prepared for campers every Wednesday

Frankfurts—Omaha Beef Co., Inc.

- Beef and Pork, Water, Salt, Contains Less Than 2% of: Nonfat Dry Milk, Corn Syrup, Flavoring, Dextrose, Sodium Phosphate, Ascorbic Acid (Vitamin C), Sodium Nitrite, Oleoresin of Paprika. Contains: Milk.

Hot Dog and Hamburger Buns—Distributed by: Stew Leonard's

- Unbleached Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, High Fructose Corn Syrup, Soybean and/or Canola Oil, Contains 2% or Less of the Following: Wheat Gluten, Salt, Cultured Wheat Flour, Dough Conditioners (Sodium Stearoyl Lactylate, Monoglycerides, Ascorbic Acid, Enzymes), Yeast Nutrients (Monocalcium Phosphate, Calcium Sulfate, Ammonium Sulfate), Calcium Propionate (Preservative), Vinegar, Organic Expeller Pressed Soy Lecithin. Contains: Wheat, Soy.

Hamburger Patties—Omaha Beef Co., Inc.

- Ground Beef

Ketchup—Distributed by: Stew Leonard's

- Tomato Concentrate, Sugar, Distilled Vinegar, Salt, Less Than 2% of: Onion Powder, Spice, Natural Flavors.

Mustard—Distributed by: The French's Food Company LLC

- Distilled Vinegar, Water, #1 Grade Mustard Seed, Salt, Turmeric, Paprika, Spice, Natural Flavors and Garlic Powder.

Marshmallows—Distributed by: Stew Leonard's

- Corn Syrup, Sugar, Dextrose, Modified Food Starch (Corn), Water, Gelatin, Natural and Artificial Flavor, Tetrasodium Pyrophosphate.

Potato Chips—Distributed by G&L Food Distributors

- Potatoes, Vegetable Oil, (Contains one or more of the following: Corn, Cottonseed, Sunflower), Sea Salt.
- Allergens: None

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Afternoon Snack Items Offered Every Day

Flavor Ice—Manufactured by the Jel Sert Company

- Water, High Fructose Corn Syrup, Apple Juice (from concentrate), Contains Less Than 2% of the Following: Citric Acid, Natural & Artificial Flavors, Sodium Benzoate & Potassium Sorbate (Preservatives), Red 40, Yellow 5, Yellow 6, Blue 1.

Afternoon Snack Items Offered on a Rotating Basis

Firecracker Junior—Popsicle

- Manufactured at Unilever
- Water, High Fructose Corn Syrup, Corn Syrup, Sugar, Less Than 1% of: Lemon Juice (from concentrate), Raspberry Juice (from concentrate), Ascorbic Acid (Vitamin C), Dextrose, Malic Acid, Citric Acid, Guar Gum, Modified Cellulose, Natural and Artificial Flavor, Locust Bean Gum, Red 40, Blue 1, Cherry juice Concentrate.

Scribblers—Popsicle

- Pear Juice (from concentrate), Water, Sugar, Corn Syrup Solid, High Fructose Corn Syrup, Raspberry Juice (from concentrate), Orange Juice (from concentrate), Watermelon Juice (from concentrate), Natural & Artificial Flavors, Citric Acid, Guar Gum, Locust Bean Gum, Malic Acid, Ascorbic Acid, Beet Juice Concentrate (for color), Turmeric (for color), Annatto (for color), Blue 1.

Fudge Bar—Blue Bunny

- Skim Milk, Whey, Sugar, Corn Syrup, Cocoa, Coconut Oil, Cocoa Processed with Alkali, Contains 1% or less of Guar Gum, Cellulose Gum, Xanthan Gum.
- Allergen Information: Contains Milk. Manufactured in a facility that processes almonds, brazil nuts, cashews, coconut, hazelnuts, macadamia nuts, peanuts, pecans, pine-nuts, pistachios, walnuts.

Ice Cream Sandwich—Hood

- Ice Cream Contains: Milkfat and Nonfat Milk, Sugar, Corn Syrup, High Fructose Corn Syrup, Buttermilk, Whey, Mono & Diglycerides, Guar Gum, Carob Bean Gum, Polysorbate 80, Carrageenan, Natural and Artificial Flavors Ascorbic Acid and Annatto (for color).
- Wafers Contain: Bleached Wheat Flour, Sugar, Caramel Color, Dextrose, Palm Oil, Corn Flour, Contains 2% or Less of High Fructose Corn Syrup, Corn Syrup, Baking Soda, Modified Corn Starch, Salt, Mono & Diglycerides, Soy Lecithin, Cocoa.

Star Bar—Blue Bunny

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- Reduced Fat Ice Cream (Milk, Buttermilk, Whey, Sugar, Corn Syrup, Cream, Skim Milk, Contains 2% or less of Vanilla extract, Artificial Flavor, Mono & Diglycerides, Carob Bean Gum, Guar Gum, Carrageenan, Polysorbate 80, Annatto for color, Vitamin A Palmitate). Coating (Coconut Oil, Sugar, Cocoa, Cocoa Processed with Alkali, Soy Lecithin, Salt, Artificial Flavor).
- Allergen Information: Contains Milk, Soy.
- Manufactured in a facility that processes Almonds, Brazil Nuts, Cashews, Coconut, Hazelnuts, Macadamia Nuts, Peanuts, Pecans, Pine Nuts, Pistachios, Walnuts.
- Kosher Certified (DAIRY)

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Special Event Food Items

Sno Kone Syrup—Blue Raspberry, Cherry, Grape, Orange—Distributed by: Gold Medal Products Co.

- Water, High Fructose Corn Syrup, Citric Acid, Propylene Glycol, Xanthan Gum, Sodium Benzoate (a preservative), Natural and Artificial Blue Raspberry Flavor, FD&C Blue #1 (E133), Natural and Artificial Cherry Flavor, FD&C Red #40 (E129), Natural and Artificial Orange Flavor, FD&C Yellow #6 (E110), Natural and Artificial Grape Flavor, FD&C Blue #1 (E133).

Dum Dums—Manufactured by Spangler Candy Company

- Sugar, Corn Syrup, Citric Acid, Malic Acid, Salt, Artificial Flavor, Color Added (Includes: Red 40, Yellow 6, Yellow 5, Blue 1).
- This product does NOT contain peanuts, tree nuts, milk, eggs, fish, shellfish, wheat or gluten. It has been manufactured on dedicated equipment.

Food Items Stocked at the Nurse's Office

Gatorade—Distributed by the Gatorade Co.

- Water, Sugar, Dextrose, Citric Acid, Salt, Sodium Citrate, Monopotassium Phosphate, Modified Food Starch, Natural Flavor, Red 40, Glycerol Ester of Rosin, Caramel Color.

Gingerale—Seagram's

- Carbonated Water, High Fructose Corn Syrup, Citric Acid, Natural Flavors, Potassium sorbate (to protect taste), Caramel Color, Sodium Benzoate (to protect taste), Ginger.

Saltine Crackers—Distributed by Foodhold U.S.A., LLC

- Enriched Flour (Wheat Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean Oil with TBHQ and Citric Acid Added to Preserve Freshness, Contains 2% or less of: Salt, Leavening (Baking Soda and/or Yeast), Malted Barley Flour, Sodium Sulfite. Contains: Wheat.